

DSMIV Checklist

Monitoring Severe Behaviours Checklist (Anecdotal Records)

Student:	School:
Week of:	Monitored by:

The behaviours listed adhere to DSMIV criteria for Severe Behaviour Diagnosis

Eccentric Habits and Mannerisms	M	T	W	T	F	Comments
Has peculiar posture of mannerisms						
Talks of self out loud						
Makes inappropriate noises (laughs, cries, hums)						
Hoards things, including food						
Saves and wears unusual articles						
Eats inedibles						
Removes or tears off own clothing						
Smears or plays with urine, or fecal matter						
Hallucinates						
Has irrelevant & nonsensical conversation						
Aggression & Destructiveness	M	T	W	T	F	Comments
Has violent temper tantrums						
Injures others						
Damages and vandalizes (toys, clothing, property)						
Interferes with others' activities						
Swears, curses, uses obscene language						
Yells or screams threats of violence						
Deliberately violates school rules						
Is hostile toward people in authority						
Disrupts games and activities						
Is defiant, non-compliant & argumentative						
Is intimidating						
Takes out anger on objects or innocent people						
Steals and lies						

Appendix C – DSMIV Checklist Cont'd

Stereotyped/Ritualistic Mannerisms	M	T	W	T	F	Comments
Self stimulation: rocking, flapping, whirling						
Self injury: banging head, biting hand						
Echoes questions & statements made by others						
Insists on keeping certain objects with him						
Feels, smells or tastes objects inappropriately						
Involved in complicated rituals (lining things up)						
Fixates on one characteristic (size, color, position)						
Strong negative reaction to changes in routine						
Compulsive behaviours (frequent hand washing)						
Activity Level	M	T	W	T	F	Comments
Runs away if not constantly supervised						
Does not stay in seat: runs or jumps in class						
Easily distractible; attends only for one minute						
Fingers, feet, hands in constant motion (tapping)						
On task only when someone is standing over him						
Requires excessive supervision and control						
Usually impulsive; great difficulty not responding						
Lack of Affect	M	T	W	T	F	Comments
Seems not to hear, so a hearing loss is suspected						
Speech is atonal and arrhythmic						
Unresponsive to others' expressions of feelings						
Actively avoids eye contact, looks through people						
Resists being touched or held						
Unaware of surroundings, may be oblivious to dangers						
Preoccupied with inanimate objects						
Does not use "I", may have pronoun reversal (you for I)						

Does not respond when called by name							
Sits or stands in one position for a long period of time							
Isolates self, chooses not to participate with others							
Is unable to distinguish fantasy from reality							
Confusion of time and/or place							
Appears frustrated and confused							
Depressed, chronic sadness							
Mute, even though able to speak							

Appendix C – DSMIV Checklist Cont'd

Emotional Control	M	T	W	T	F	Comments
Severe negative reaction to criticism or correction						
Blames own mistakes on others						
Tantrums if does not get own way						
Complaints of unfairness even if there is equality						
Acts suspicious of others						
Excessive mood swings for no apparent reason						
Talk about suicide						
Frightened and insecure in daily activities						
Incoherent speech under stress						
Severe and persistent fears (new situation, tests)						
Demands excessive praise & reassurance						
Overestimates own abilities						
Excessively dependent						
Unable to adapt behaviour to changing expectations						
Behaviour is as expected for a much younger child						
Other Behaviours	M	T	W	T	F	Comments
Touches others inappropriately						
Sexually aggressive, abusive						
Masturbates publicly						
Covers ears at many sounds, or avoids lights						
Does not show a startle response to loud notes						
Does not react to pain (cuts, bruises)						
Pretends to be ill						

Emotional Control	M	T	W	T	F	Comments
Frequent headaches, stomach aches, nausea						
Nervous habits (tics, scratching)						
Forgets quickly (from moment to the next)						
Incontinent without physical cause						
Humour markedly inappropriate for time & place						
Wanders off if not constantly supervised						